Bruntsfield Primary School Parent Council

Funding Grant Application 2019/20

Bruntsfield Primary School Parent Council raises funds for good causes, primarily through events organised throughout the school year, from any surplus generated through running the extensive Clubs programme and through one off initiatives. This process is designed to allow the Parent Council to apply rigour to the distribution of funds, ensuing transparency and good governance.

The Parent Council seek to agree which good causes to support on an annual basis, to allow for considered decision making, and to allow applicants to plan on a reasonable timeframe.  Funding decisions would ideally be made at the time of the AGM, early in the school year, but are possible on an ad hoc basis throughout the year.

This process is designed to provide applicants with the greatest chance of success and this form has been created to provide you with a framework to allow you to consider the criteria against which your application will be assessed. Members of the Parent Council will be available to assist in working these through with you if required. For small value grants (e.g. less than £1,000) we only require sections 2 and 6 to be completed.

Applications for funding are encouraged from the whole school community: teachers, school staff, parents, club organisers and club tutors. Fundamentally, the Parent Council seeks to support initiatives which can have the widest possible enduring impact on the pupils of Bruntsfield Primary School. We encourage applications to be aligned to the curriculum and to be be deliverable with the support of the teaching body.

We will assess applications against criteria set out below, agreed by the Office Bearers and co-opted members of the Parent Council. Satisfactory applications of under £1,000 will be actioned by this group, satisfactory applications of over £1,000 will be put forward to the wider Parent Council for approval.

The Office Bearers will work with applicants to help refine any applications which fall short, so that they have the best chance of succeeding. In the event that an application does not receive approval, feedback will be made available to the applicant.

Funding criteria

**Inclusive**: to be relevant to the widest possible pupil body.

**Enduring**: to have impact beyond the funding period.

**Progressive** : to be able to be built upon after the initial project.

**Aligned** to the curriculum; to support one or more area of the curriculum.

Application Details

| Section 1: Application information |
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| Name of applicant | Donna English |
| Email address of applicant  | Donna.English@bruntsfield.edin.sch.uk |
| Telephone number | 0131 446 9960 (BPS) |
| How much are you applying for in total (£) | £1400 |
| Title of application | Yoga for children with Additional Support for Learning  |

| Section 2: Impacts and benefits |
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| Who will benefit from this initiative? | Continuing from the sessions that ran in the summer term of 2018/19 school year, the sessions will be given to children with additional support for learning needs. Some new children will benefit who have started BPS this term and almost all of the pupils who received the sessions last year. As feedback stated that the pupils/parents/class teachers and pupil support assistants found the sessions to be of great benefit to the children both socially and emotionally. |
| Will the initiative progress and provide the opportunity for further development?  | Yes. Yoga was deemed to have a positive effect on the health and wellbeing of the children last term. The sessions will build on those sessions giving the PSA’s, ‘crib sheets’ to help them to practice yoga with the children regularly.  |
| Who will oversee the initiative?  | Donna English and the Support for Learning Team along with the support of the Senior Leadership Team. |
| Who will run the initiative day to day? | Caroline Phipps-Urch supported by Donna English and the Pupil Support Assistants. |
| Who will evaluate the initiative?  | Donna English, Support for Learning Team, members of the Senior Leadership Team, parents of the pupils participating & PSA’s with the support of Caroline Phipps-Urch. |
| Outline how you will evaluate the benefit.  | Teachers and PSA’s will observe and feedback on:* focus and concentration
* improvement in motor control
* physical aspects like posture, flexibility, strength
* observing the children after the sessions within the classroom environment
* participation
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| Section 3: Funding |
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| Total amount applied for? | £1400 |
| Provide a breakdown of how this will be spent? | £175 per half day for 8 weeks. This will include lesson plans for teachers and PSA’s.  |
| Is it a one-off payment?If it is phased, please provide details. | It will be phased and invoiced monthly.  |
| Provide beneficiary details for payment by cheque | Caroline Phipps-Urch. |
| Will this give rise to further financial support e.g., maintenance or upkeep | The plan is to further enable, train and assist the PSA’s and other teaching staff to deliver yoga to the children during the school day.  |

| Section 4: Teaching and curriculum support  |
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| Which area of the curriculum is this proposal aligned to? | Health & Wellbeing indicators. Supporting legislative requirements: ASL Act, Equality Act and Presumption of Mainstreaming. |
| Is it supported by the school management team? | Yes. |
| Who in the school management team supports this application? | Carol Kyle, Lesley Lamond, Jenny Dobie and Martyn Wood. |
| Detail any practical aspects of delivery e.g., how does it fit in the school day/week/term | Sessions will be delivered on Mondays from 9.00am until 12.30pm in the basement gym. PSA’s will be present in the sessions actively assisting and observing how well the pupils engage with each session. |

| Section 4: Further details |
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| Below please provide any further details in support of your application including how you will bring this to life in the school community bearing in mind the criteria that it will be valued against:1. Inclusive:

These yoga sessions will ensure that these children meet their sensory needs (in line with the ASL Act, Equality Act, United Nations Convention on the Rights of the Child legislation-(Article 15), the Children and Young People Act and Presumption of Mainstreaming legislation. This targeted support will also give these pupils, equal opportunities towards achieving positive and sustained school experiences. These yoga sessions are part of an initiative to foster a, “cluster model,” of support with discussions already having taken place with South Morningside and Buckstone SfL staff with regards to the benefits of weekly yoga sessions.1. Enduring:

The empowerment it will give the pupils; giving them techniques and strategies to control their own emotions and behaviour. Self-regulation means they can learn to help/support themselves/adapt to new and challenging situations/transitions. The benefits of these sessions for these children include: improving motor control and motor planning skillsdeveloping physical strengthpromoting flexibility and correcting postural misalignment increasing self-awareness, establishing calm and organised mental statesimproving concentrationreducing hyperactivityrelieve respiratory ailmentsdevelop the ability to relaxrelease tension, reduce fear and frustration as well as stressAll of the latter skills/strategies will be long lasting and the children can take these lifelong skills, forward into learning and work experiences.1. Progressive :

The sessions will take into account the individual needs of each child and will be appropriate for the *ability level* of each child with *differentiated learning experiences* for all.1. Aligned to the curriculum:

Health & Wellbeing experiences and outcomesMeeting their individual targets within the Edinburgh City Council pathways to support and to ensuring equal opportunities for all. |
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| Signature  | Donna English (Donna Balsillie Denny) |
| Date | 23rd September 2019 |