



Re: Communication

Donna English <Donna.English@bruntsfield.edin.sch.uk>
To: Bruntsfield Parent Council Parent Council <bruntsfieldcomms@gmail.com>
Cc: "Bruntsfieldclubs@gmail.com" <Bruntsfieldclubs@gmail.com>

6 June 2019 at 12:24

Hi,

Re: Special Yoga

The original application was 8 children attending a yoga class once a week over 10 weeks at a cost of £6 per child which came to a total of £480.

The school has identified 21 children who could potentially benefit from a yoga programme and so would like amend the application to 21 children attending a yoga class once a week over 8 weeks at a cost of £6 per child which comes to £1008.

This application was made to enable at the yoga teacher (www.theyogacrow.com) to work with pupils in school who would participate in, "Special Yoga," groups. The application for further funding has been made to enable her to include more pupils in this group. The increased amount of children involved in the, "Special Yoga," has come about due to a number of factors:

1. After discussions with the Deputes/Acting Depute with responsibility for the P.1-P.7 stages in school they wanted to recommend further pupils after their discussions with parents and class teachers.
2. Circumstances in pupils' home life from the original application had changed and the Deputes and I thought attending the "Special Yoga," classes would benefit the children by giving them strategies to cope with their anxiety.
3. Occupational Therapy reports had come into school and some of the recommendations from the reports stated that pupils would benefit from the exercises that the children would experience by attending these classes.
4. Also, a pupil new to Bruntsfield school, the class teacher and Depute thought, would really benefit as part of their, "Health and Wellbeing," from attending the, "Special Yoga," classes.

If you require any further information from me, please do not hesitate to be in touch.

Donna Balsillie Denny

SfL teacher

Bruntsfield Primary School

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